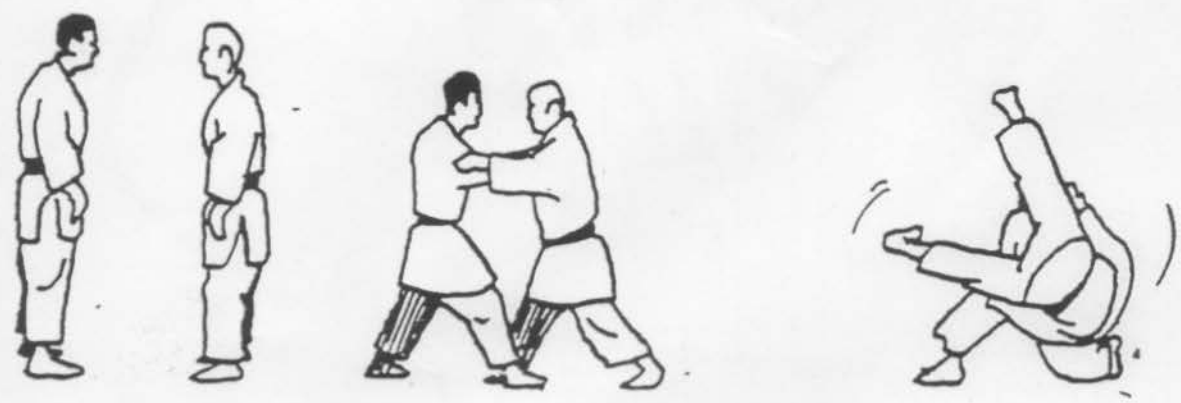


# VAGE-NO-KATA - formes de projection

## 1<sup>ère</sup> SÉRIE

### UKI - OTOSHI



### IPPON - SEOIE - NAGE



### KATA - GURUMA

